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|  | Headway  East Lothian  SC10  Newsletter  <www.headway-eastlothian.org.uk> |  |
| Issue 16/10 |  | October 2016 |

 Headway East Lothian

SCIO

## 2nd Annual General Meeting

5th October 2016

Doughty Centre

7.00PM

1. Welcome
2. Convenor’s Report on the activities of Headway East Lothian 2015/16
3. Statement of Accounts 2015/16
4. Retirement and Re-election of Trustees
5. Close of meeting

The Annual General Meeting will be followed immediately by the 24th Board Meeting of Headway East Lothian, at which, amongst other things, the Trustee office-bearers will be re-elected / elected.

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| Lloyds TSB Foundation  awards-for-all-logo |

Noticeboard

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|  | Carer meetings held on Mondays as required |
|  | Relaxation classes held on Mondays as required |
| meeting-room | Next Board Meeting  Wednesday 5th October Haddington  After AGM |
| NEXT  OUTING | Friday  14thOctober  Christmas Shopping Livingston |



Living Voices is a national project that is piloting the use of story, poems and song in settings across Scotland. It aims to engage and enliven groups of people through conversation, creative activity and reminiscence.

Amanda and Allison from the Scottish Storytelling Centre will be coming along to hold 2 sessions, each very different!

Monday 31st October is 'Soul cakes & clouts' - Hallowe'en dress code is optional!

Monday 7th November join us for 'Fabulous Potions'

Both sessions will start at 2.00pm



Come along to join the ‘fun’; Christmas Shopping to the

Almondvale Centre in Livingston.

Please let Joyce know in plenty time if you want a place on the bus.

This month at Headway

|  |  |  |  |
| --- | --- | --- | --- |
| 1 | Sat |  |  |
| 2 | Sun |  |  |
| 3 | Mon | Musselburgh | Dominoes & chat |
| 4 | Tues |  |  |
| 5 | Wed | Haddington | AGM & Board Meeting |
| 6 | Thu | Dunbar | Brain Injury Awareness |
| 7 | Fri |  |  |
| 8 | Sat |  |  |
| 9 | Sun |  |  |
| 10 | Mon | Musselburgh | Dominoes & chat |
| 11 | Tues |  |  |
| 12 | Wed | Haddington | Games & Wii |
| 13 | Thu | Dunbar | Games & puzzles |
| 14 | Fri | Livingston | Christmas Shopping |
| 15 | Sat |  |  |
| 16 | Sun |  |  |
| 17 | Mon | Musselburgh | Carers in the Cafe & Quiz Day |
| 18 | Tues |  |  |
| 19 | Wed | Haddington | Hallowe’en crafts |
| 20 | Thu | Dunbar | Hallowe’en crafts |
| 21 | Fri |  |  |
| 22 | Sat |  |  |
| 23 | Sun |  |  |
| 24 | Mon | Musselburgh | Living Voices project – Amanda |
| 25 | Tues |  |  |
| 26 | Wed | Haddington | Board meeting & Hallowe’en party |
| 27 | Thu | Dunbar | Hallowe’en crafts & party |
| 28 | Fri |  |  |
| 29 | Sat |  |  |
| 30 | Sun |  |  |
| 31 | Mon | Musselburgh | Soul Cakes & Clouts |

Meetings

**Monday T**he Musselburgh East Community Association (MECA) building,

Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

**Wednesday T**he Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm Wednesday evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Th**ursday** we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday

12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

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| Jim Maryniak  Convener | 07920 195743  [jimmaryniak@hotmail.com](mailto:jimmaryniak@hotmail.com) |
| Richard Fairbairn  Treasurer | 077604 95851  [james.fairbairn123@btinternet.com](mailto:james.fairbairn123@btinternet.com) |
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| Development Officer  Joyce Cattanach | 07895 193974  [headwayeastlothian@live.co.uk](mailto:headwayeastlothian@live.co.uk) |

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple [robert.dalrymple202@btinternet.com](mailto:robert.dalrymple202@btinternet.com?subject=Newsletter%20Item) Tel 01620 844020



Improving life after brain injury Charity No **SC035535**

Next Board

Meeting



1.30 pm MECA

in January tbc